## **Grade 5/6 CTF Options - 2024/25**

Foods Learn about the basics of cooking and baking in the Foods lab.	Shop How does wood work as a building material? Come learn all about it, along with basic hand tools!	Art Explore various art materials and techniques through creative art projects.	International Foods Study the origin of international foods. Make and taste international foods.
World Mythology Learn about the cool stories that are part of each culture and the history behind how we know about them!	Illustrating Illustrating is bringing stories to life through drawing and other forms of art. Learn different illustration techniques and formats.	Technology & Design Learn how to use design tools to create unique work and how to build a website!	How to Unplug Learn how to be the healthiest version of yourself! The focus will be on body positivity and ways to take care of your health and body.
Fall Gardening Learn how to harvest a garden and how to store seeds for the spring. Students will explore which plants need to be planted in the fall for best results in the spring.	Winter Gardening Learn which plants are winter hardy and begin winter sowing in preparation for spring.	Spring Gardening Let's grow together! Get outside for a fun hands-on learning experience. We will learn about where your food comes from and even grow your own.	Community Experience the benefits and responsibilities of volunteering and contributing to the Carstairs community.
Board Games Do you want the original "gaming" experience? Do you enjoy dominating your opponent with your skills in strategizing? If so, then you are in the right place. In this course, we will play board games such as chess, cribbage, Monopoly, and more!	Robotics Through hands-on projects and teamwork, students will enhance their problem-solving skills and creativity, while discovering real-world applications of robotics in various industries. This course aims to inspire a lasting interest in STEAM by exploring basic coding and beginning to code robots to accomplish simple tasks or challenges.	3D Printing Through hands-on activities, students will develop skills in design thinking, problem-solving, and engineering. This course aims to inspire creativity as students will learn to design and create projects using 3D modeling software and bring their ideas to life with a 3D printer.	Photography Students will be introduced to the standard digital photographic processes through the use of digital cameras, programs, light effects, and the application of digital techniques. Emphasis will be placed on photographic production and self expression.
French Bonjour! Want to learn Canada's other official language? Learn to speak French through online games, apps, videos, and songs! Learning a new language will be a fun and rewarding experience!	Spanish Hola amigos! So, you want to learn Spanish but don't know where to start? This class is for you! Learn to speak Spanish on a novice level. We will focus on learning Spanish using videos, songs, and fun phrases.	Design Calling all creative minds! This is your chance to unleash your imagination and become a designer. Whether you are interested in architecture, landscaping, or interior design, this class will allow you to explore design concepts and complete projects.	Stress Management Explore a variety of ways to reduce/manage stress and anxiety, and improve your overall mental and physical health.
Entrepreneurship Learn about the activity of setting up a business in the hope of making money. You will learn how to set up a business.	Storytellers' Workshop Do you love to write and tell stories? Learn about the strategies and tools that the pros use, and participate in opportunities to bring stories to life!	Spring Sports Learn and play a variety of outdoor sports such as slow pitch, frisbee, lawn games, soccer, and more!	STEAM Using the design model, students will choose and develop their own projects that incorporate Science, Technology, Engineering, Art, and/or Mathematics.

Outdoor Education Learn skills related to outdoor survival and camping/outdoor cooking.	Drama A basic introduction to the dramatic concepts of theatrical discipline, character development, and performance.	Triathlon Swim, bike, run, repeat! If this sounds like fun to you + you have your own bike that can come to school + you are looking to improve your fitness, then choose this	Hockey Take part in the HSS Hockey Academy. Students will do on-ice and dryland training. Open to all students, regardless of skill level.
		option!	